



Cykelblomsten Guldborgsund



Nysted 48,0 km.

Sakskøbing 49,0 km.

Sundruten omkring Guldborgsund 44,0 km.

Skovturen 29,0 km.

Østfalster Hesnæs 44,0 km.

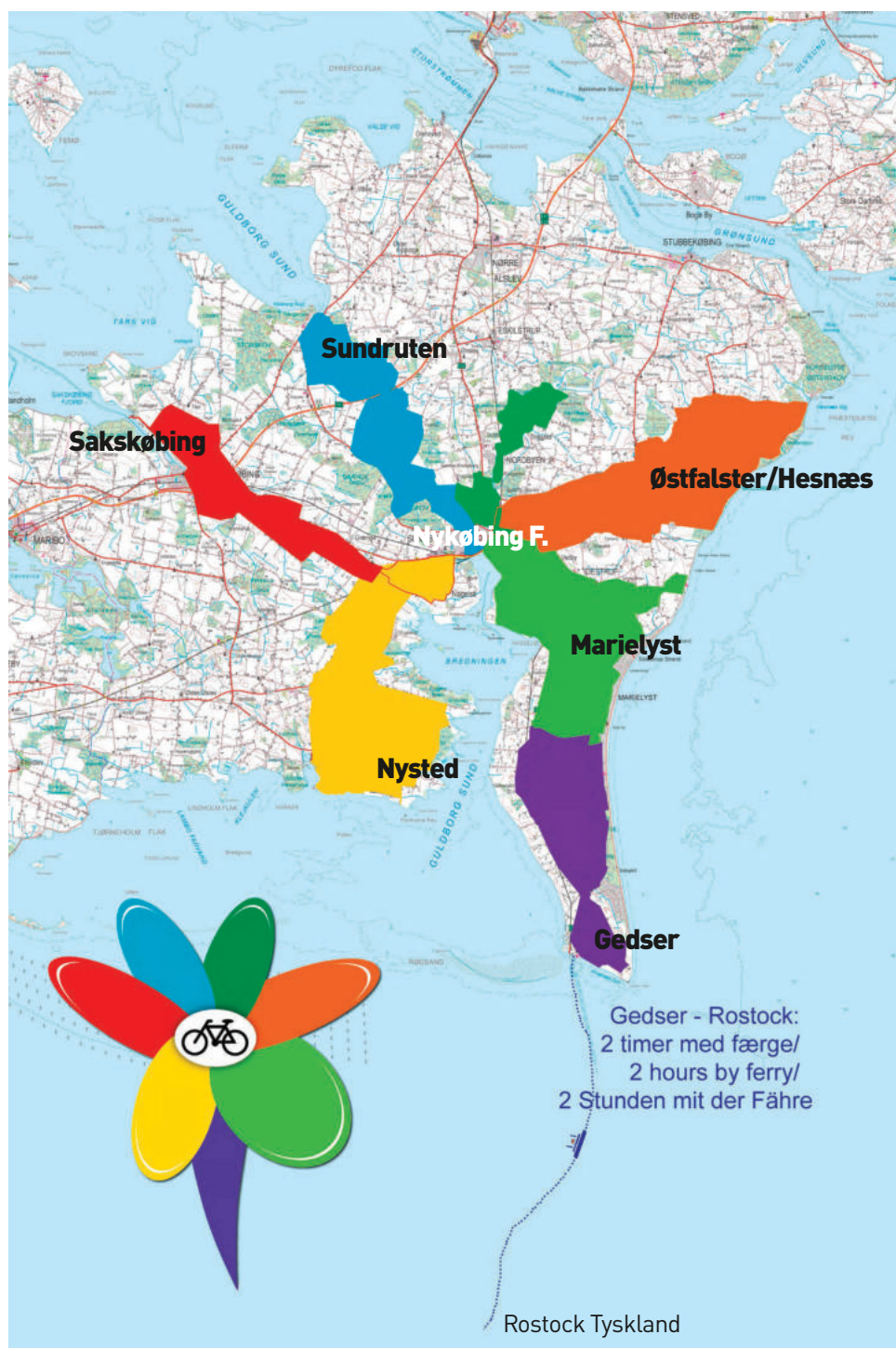
Marielyst, Kyst til Kyst 42,0 km.

Gedser 34,0 km.



Indhold

- 04** Nysted
- 10** Sakskøbing
- 16** Sundruten
- 22** Skovturen
- 28** Østfalster, Hesnæs
- 34** Marielyst
- 40** Gedser
- 46** Falster Rundt



Udgiver

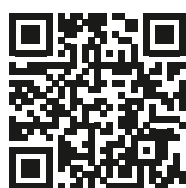
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Design, produktion og tryk

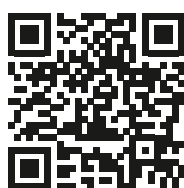
www.grafosign.dk

Fotos

Birgitt Bjerre, Jørgen Land Truelsen, PH Bergmann og Jess Berner Nielsen



Cykelblomsten



Lolland Falster



Cykelrute
København-Berlin



Østersørutene



Scandlines
Gedser-Rostock



Turistinfosteder



Velkommen

Velkommen til "Cykelblomsten" Guldborgsund – 7 smukke cykelrundture i Guldborgsund Kommune. Ruterne er mellem 29 og 49 km lange. Dette hæfte indeholder cykelkort, seværdigheder, links til hjemmesider og QR-koder. Cykelruterne danner en smuk blomsterform i landskabet på Lolland-Falster og forbindes til de internationale ruter Østersøcykelruten **(8)** og Berlin-København **(9)**. I rejseguiden www.visitlolland-falster.dk finder du information om indkvartering, shopping, restauranter og turistinformationer, der kan hjælpe dig med at få en vellykket ferie. "Sundgruppen" ønsker alle en dejlig tur med mange smukke naturoplevelser.

Med hyggelig hilsen Birgitt Bjerre, formand Sundgruppen, Ole Fortnix, webmaster

Welcome

Welcome to the "Cycle Flower" Guldborgsund – 7 beautiful cycle tours in Guldborgsund Municipality. The routes are between 29 and 49 km long. This booklet contains cycle maps, attractions, links to websites and QR codes. The cycle routes form a beautiful flower shape in the landscape of Lolland-Falster and connect with the international routes Baltic Sea Cycle Route **(8)** and Berlin-Copenhagen **(9)**. In the travel guide www.visitlolland-falster.com you will find information about accommodation, shopping, restaurants and tourist information that can help you have a successful holiday. The "Sundgruppen" wishes everyone a wonderful trip with many beautiful nature experiences.

Sincerely, Birgitt Bjerre, Chairman "Sundgruppen", Ole Fortnix, Webmaster

Willkommen

Willkommen bei der „Radblume“ Guldborgsund – 7 wunderschöne Radtouren in der Gemeinde Guldborgsund. Die Strecken sind zwischen 29 und 49 km lang. Diese Broschüre enthält Radkarten, Sehenswürdigkeiten, Links zu Webseiten und QR-Codes. Die Radwege bilden eine malerische Blütenform in der Landschaft von Lolland-Falster und sind mit den internationalen Radrouten Ostsee-Radweg **(8)** und Berlin-Kopenhagen **(9)** verbunden. Im Reiseführer www.visitlolland-falster.de finden Sie Informationen zu Unterkünften, Einkaufsmöglichkeiten, Restaurants und touristischen Angeboten für einen gelungenen Urlaub. Die „Sundgruppen“ wünscht allen eine schöne Tour mit vielen Naturerlebnissen.

Mit herzlichen Grüßen Birgitt Bjerre, Vorsitzende Sundgruppen, Ole Fortnix, Webmaster

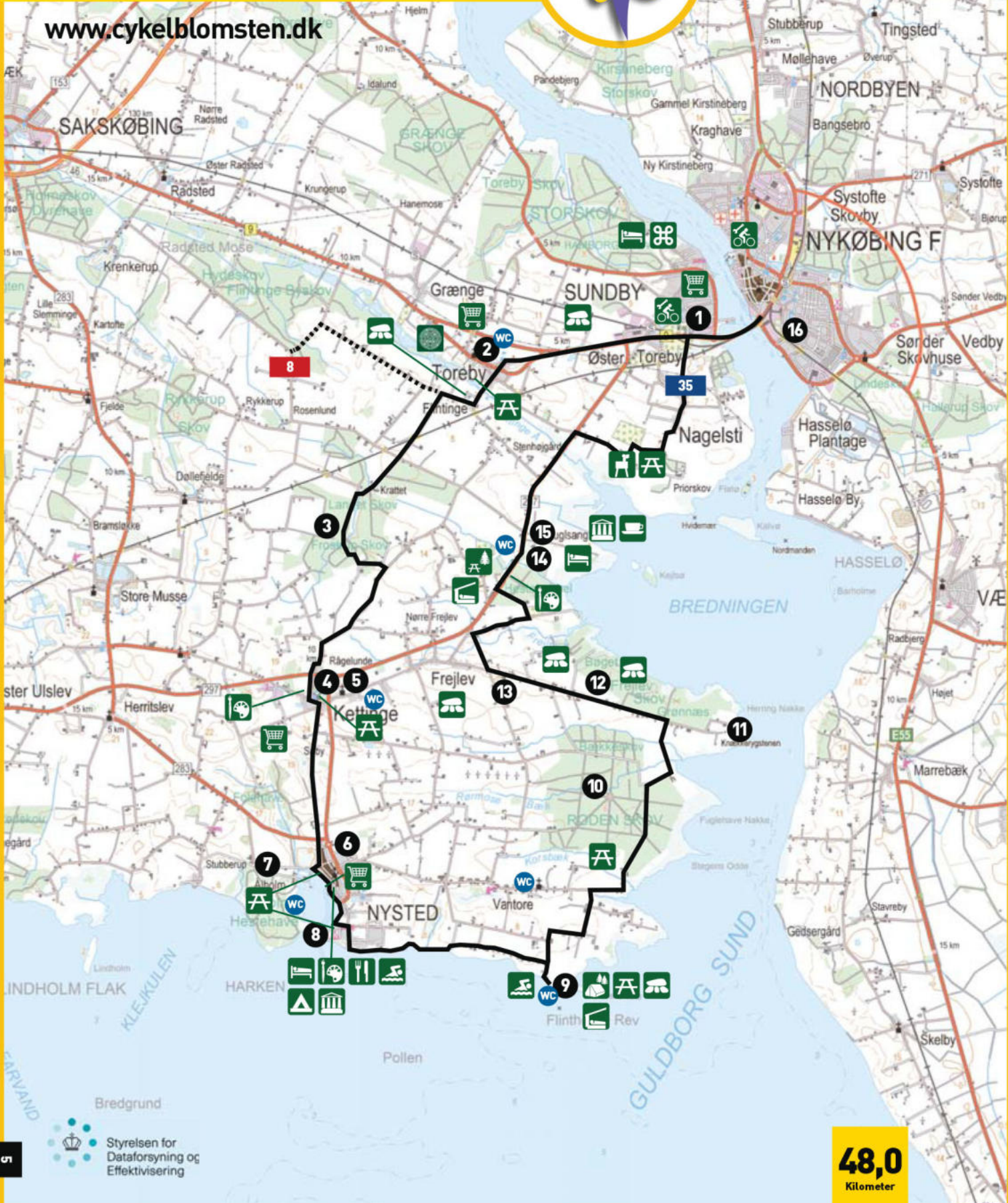
Cykelblomsten Guldborgsund

Nysted



NYSTED

www.cykelblomsten.dk

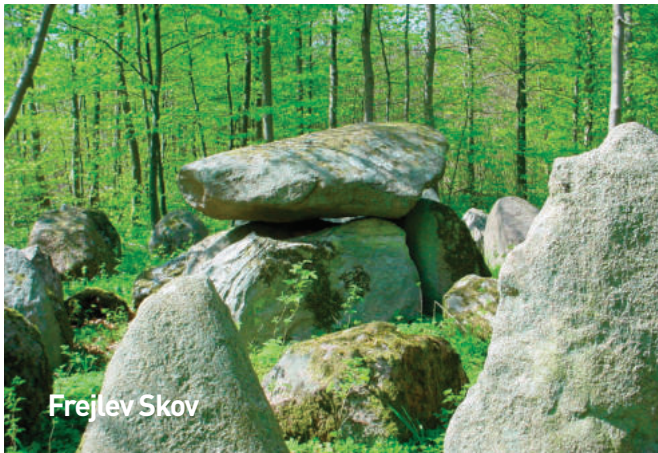




Nysted Havn



Fuglsang Slot



Frejlev Skov



Aalholm Slot



Nysted



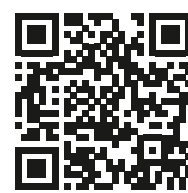
Overnatning



Mad



Aalholm



Fuglsang Herregård



Fuglsang Kunstmuseum



Nysted 48 km – Yellow Route

Aalholm Castle, Fuglsang Manor and Park, Frejlev Forest, Fuglsang Art Museum, the town of Nysted

Traffic: Gravel roads, forest roads and paved country roads with light traffic. Main roads with bike paths. Small hills near Nysted, otherwise max. 2% incline.

Route description: Start in Nykøbing F. at the bridge to Lolland, follow the Baltic Sea Route **(8)** to Toreby.

Attractions:

- 1** Guldborgsund Centre with Bike shop, supermarket, eateries and specialty shops
- 2** Toreby Church established c. 1250 (open road church), Supermarket.
- 3** Frostrup Forest
- 4** Kettinge Gravel Pit with Lolland's highest point, tables/benches, Supermarket, Heike Arndt Gallery, Kettinge Mill: Dutch-style mill from 1891 (open in summer). Tables/benches. Beautiful frescoes (open road church). Kettinge Outdoor Swimming Pool (open in summer).
- 5** Kettinge Church from the 13th century. Beautiful frescoes (open road church)
- 6** Nysted with beautiful old houses and narrow streets, Nysted Church, supermarkets and small shops, Nysted Harbour with a cosy atmosphere, yachts, guided seal safari tour to Rødsand, Hotel Nysted Havn, Tourist info and gallery,
- 7** Aalholm Castle from the 13th century, Aalholm Castle Hotel.
- 8** Nysted sauna and sea bath. The Redoubt from 1807, built during the English Wars, good bathing beach, view of Rødsand Offshore Wind Farm, Nysted Strand Camping, Hotel Cottage.
- 9** Shelter and tent site at Holten Beach, good bathing beach, picnic and barbecue area, WC.
- 10** Roden Forest with round dolmens and many fallow deer belonging to the Aalholm estate
- 11** The "Broken Back Stone". Legend says that a bailiff from Aalholm was killed and had his back broken by farmers from Frejlev in 1533. Beautiful view over Guldborgsund.
- 12** Frejlev Forest, 150 protected ancient monuments, many passage graves and Stone Age mounds
- 13** The "Rogue Cross". Read the sign about the cunning farmers who tried to cheat the king
- 14** Fuglsang Manor from 1869. Former owner Bodil de Neergaard founded the castle's music and art traditions. Fuglsang Manor Hotel, Fuglsang beautiful Park (free access 8–20). Fuglsang Art Museum and café. Skejten, a protected meadow area with unique nature, directly facing Guldborgsund. www.fuglsangkunstmuseum.dk
- 15** Gammelholm, a fortified mound arranged as a burial crypt for the de Neergaard family
- 16** Nykøbing Falster town with bicycle repair shops, many dining, shopping, cultural and accommodation options

Further Information www.visitlolland-falster.com

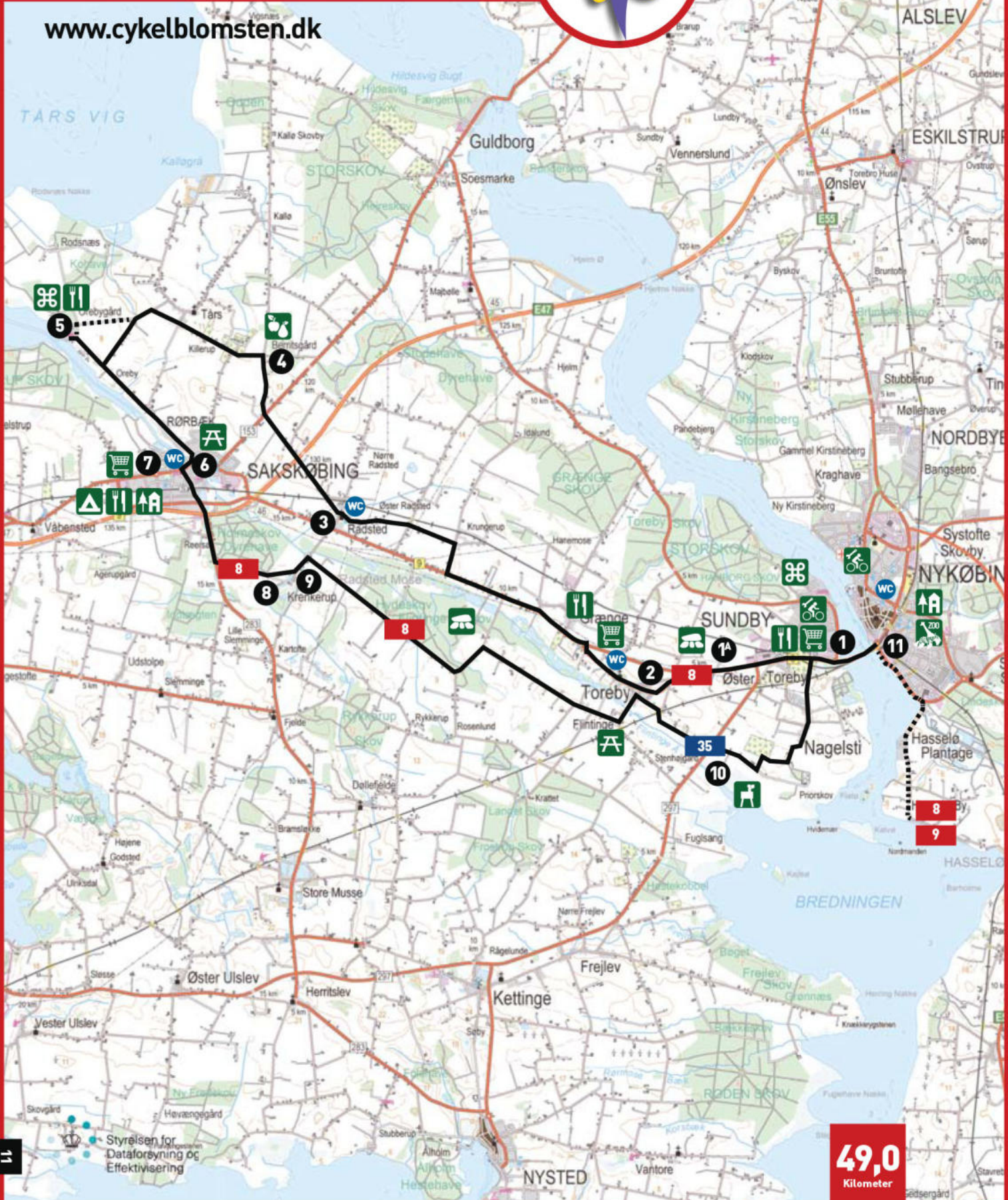
Cykelblomsten Guldborgsund

Sakskøbing

www.cykelblomsten.dk



SAKSKØBING





Sakskøbing



Sakskøbing Vandtårn



Roepigerne Sakskøbing



Sakskøbing Lystbådehavn



Krenkerup



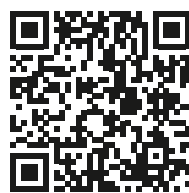
Sakskøbing



Saxby



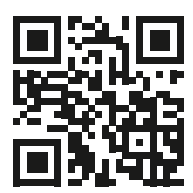
Overnatning



Mad og drikke



Krenkerup



Lolle Frugt



Sakskøbing 49 km – Red Route

Two manors and a castle: Berritzgaard, Krenkerup and Oreby Castle Krenkerup Brewery, Sakskøbing Inlet with three harbours, the town of Sakskøbing

Traffic: Paved cycle paths, small country roads with light traffic, main road with cycle path – max. 2% incline.

Route description: Start in Nykøbing F. at the bridge to Lolland and continue along the Baltic Sea Route **(8)** towards Toreby.

Attractions

- 1** Guldborgsund Centre with Bicycle shop, supermarkets, eateries, and specialty shops
- 1a** Beautifully restored passage grave
- 2** Toreby Church established c. 1250 (open road church), supermarket.
- 3** Radsted Church, approx. year 1200
- 4** Berritzgaard Manor (private residence), farm shop with Lolle's fruit www.lollefrugt.dk
- 5** Oreby Inn from 1847 www.orebykro.dk, grain warehouses, Oreby Mill (private), Oreby Castle (private)
- 6** Sakskøbing, market town from 1270. Saxkjøbing Hotel www.hotel-saxkjobing.dk, Sakskøbing Church, sculptures The Beet Girls and The Umbrella Girl, the smiling water tower "Saxine", Sakskøbing Camping, sports centre, hostel www.saxcamping.dk
- 7** Saxenhøj organic visitor farm and farm shop
- 8** Krenkerup Wood with many old beech trees
- 9** Krenkerup Manor, Brewery and Pub www.krenkerup.dk
- 10** Viewing point at Flintinge Stream, located at the end of the field road from Bymarken. Information board and picnic area
- 11** Nykøbing Falster town with bike repair shops, many dining, shopping, cultural and sports facilities, and accommodation options.

Further Information www.visitlolland-falster.com



Cykelblomsten Guldborgsund

Sundruten

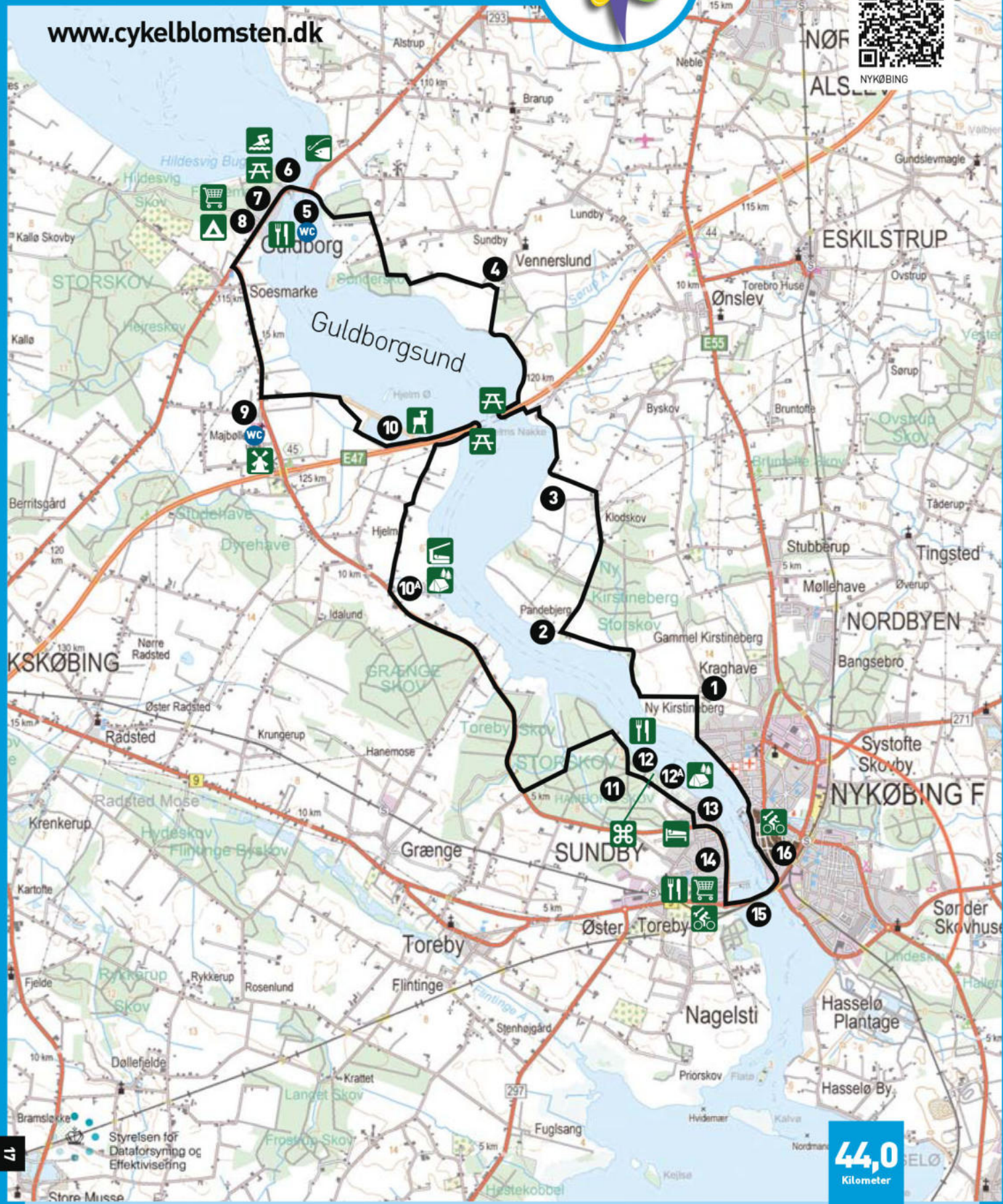
www.cykelblomsten.dk



SUNDRUTEN



NYKØBING



Styrelsen for Dataforsyning og Effektivisering

44,0
Kilometer



Nykøbing



Guldborg



Sundby Naturplads



Middelaldercentret



Mad og drikke



Overnatning



Sundruten 44 km – blue route, signposted with apples / Sundruten

Scenic Guldborgsund, the Guldborg Bridge, 4 manors, small harbours, Bird Sanctuary and the Medieval Centre, King Frederik IX's Bridge

Traffic: Gravel roads, forest roads and asphalt country roads with light traffic – max 2% incline.

Route description: Start, for example, at Slotsbryggen in Nykøbing Falster and follow the Sundruten signs (apple symbol) northwards. Along the route around Guldborgsund you will enjoy beautiful views of the sound, wide fields, hedgerows and lovely beech woods.

Attractions:

- 1** Ny Kirstineberg Manor
- 2** Pandbjerg Manor (private). Klodskovgård Manor (private)
- 3** On top of the motorway tunnel there is a fine view over Guldborgsund. Here are tables/benches.
- 4** Vennerslund Manor (private)
- 5** Guldborg Bridge Falster–Lolland, Guldborg Storskov with fortifications from two wars. North of the bridge is a good fishing spot, Guldborg Falster Boat Club clubhouse, WC/water
- 6** Guldborg Lolland Marina with restaurant, sailing club and kayak club. Beach by the bridge on the Lolland side. Opposite the marina is a nature playground with 3 shelters.
- 7** Postholderens Place www.postholderenssted.dk
- 8** Guldborg Camping www.guldborg-camping.dk
- 9** Majbølle Church and Majbølle Mill
- 10** Majbølle Nor Bird Sanctuary with bird observation tower. Here are Tables/benches.
- 10a** Hjelm Boat Club shelter and tent site www.sundruten.dk/teltpladser
- 11** Hamborgskoven, Forest with many beech trees and a mountain bike trail
- 12** The Medieval Centre www.middelaldercentret.dk
- 12a** Sundby North Nature Tent Site, Rosenhaven by the sound www.sundruten.dk/teltpladser
- 13** Hotel Liselund, Sundby www.hotelliselund.dk
- 14** Guldborgsund Centre with Bike shop, supermarket, eateries and speciality shops
- 15** King Frederik IX's Bridge
- 16** The town of Nykøbing Falster with bike repair shops, many restaurants, shopping, cultural and accommodation options.

Further information www.visitlolland-falster.com



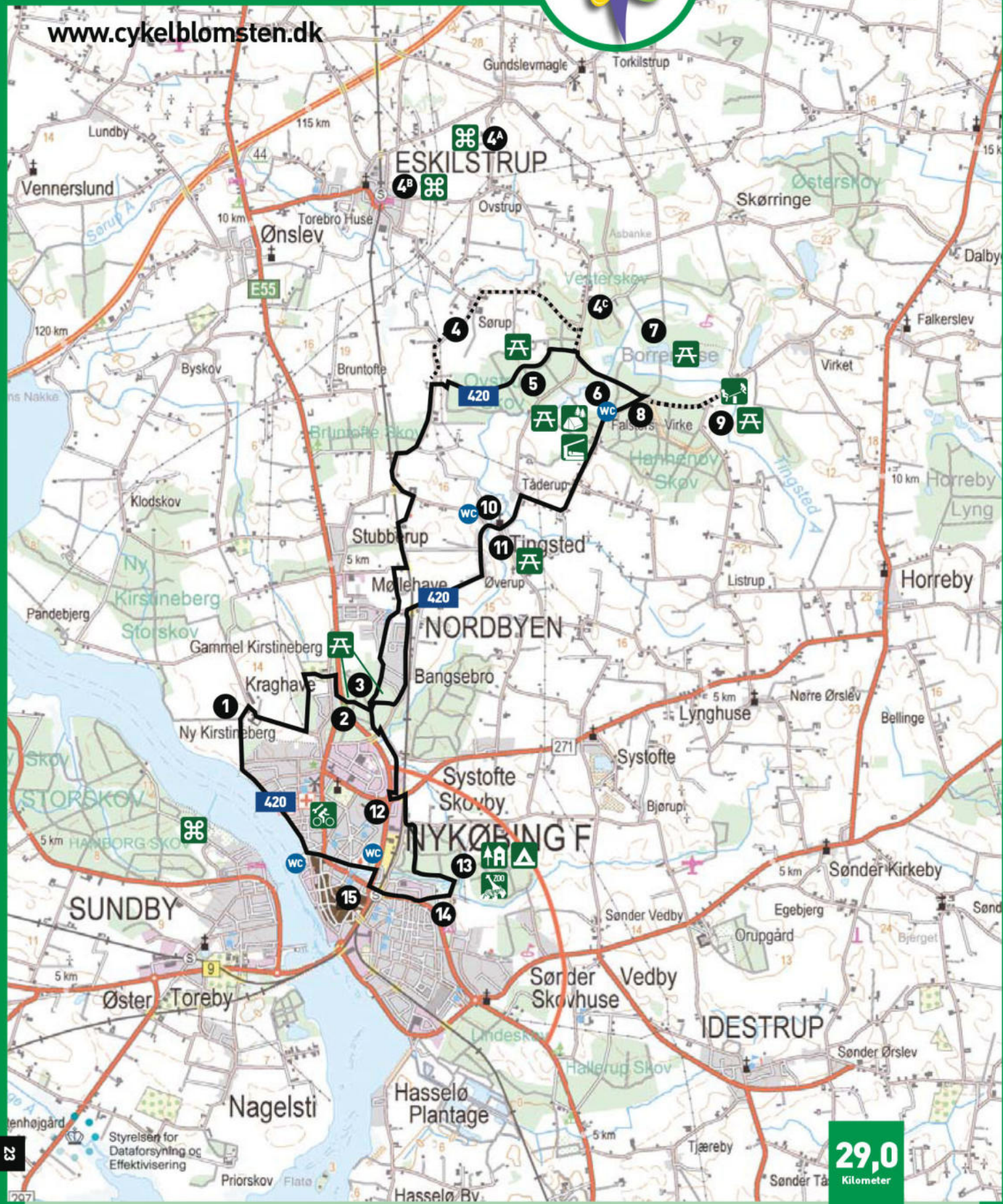
Cykelblomsten Guldborgsund

Skovturen



SKOVTUREN

www.cykelblomsten.dk



29,0
Kilometer



Præsteskov



"Borremposen"



Krokodille Zoo



Ovstrup Skov



Ud i skoven



Overnatning



Ovstrup
Spejdercenter



Præsteskov



ZOO Pangea Park



Nykøbing Falster



The Forest Tour 29 km – Green Route, signposted **420**

Falster's beautiful forests, Ovstrup Forest, Hannenov Forest, Præsteskov, Borremosen, Pangea Park (zoo). Detour to Virkethus, Tractor Museum, Crocodile Zoo

Traffic: Gravel roads, forest roads, and paved country roads with light traffic. Max 2% incline. Shopping only in Nykøbing F., bring a packed lunch.

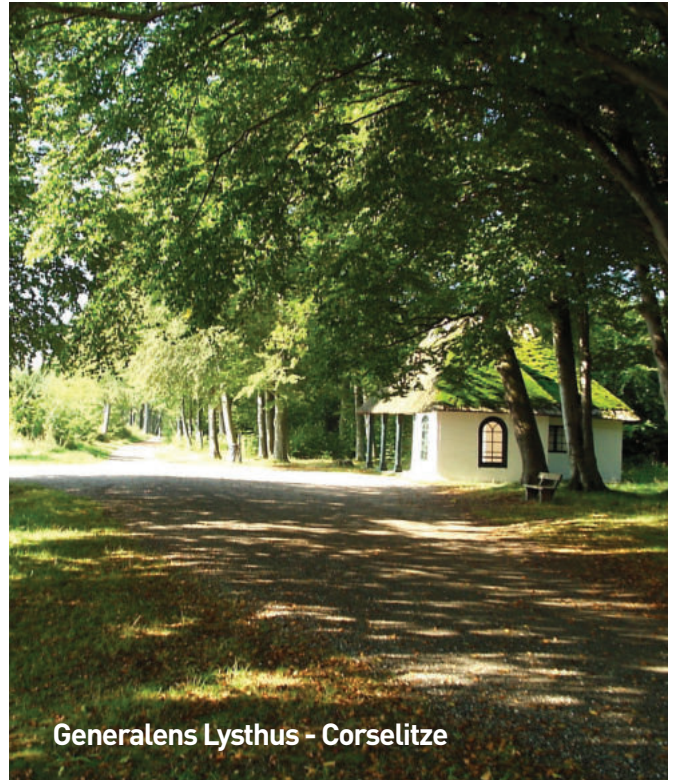
Route description: Start at Slotsbryggen in Nykøbing Falster and follow route **420** along Strandboulevarden heading north.

Attractions:

- 1 Ny Kirstineberg Manor
- 2 Snedkerhøjene Bronze/Iron Age burial mounds
- 3 Rest area in Bangsebroskoven with picnic shelter and toilet
- 4 Detour to (4a) Crocodile Zoo, (4b) Tractor Museum, (4c) Præsteskov rest area
- 5 Ovstrup Forest, Ovstrup Scout Center, www.bookenshelter.dk
- 6 Hannenov Forest, free tent and shelter area with toilet and fire pit – www.udinaturen.dk
- 7 Borremosen, bird reserve, water-filled peat pits, and rest area
- 8 Virket Ramparts from the Iron Age
- 9 Virkethus with rest area, picnic shelter, nature playground, and tent site
- 10 Tingsted Church (open roadside church) with beautiful 16th century frescoes
- 11 "Tingsted Landsting" from 1511
- 12 Hotel Falster, Nykøbing Falster – www.hotel-falster.dk
- 13 Pangea Park (Zoo) – www.pangea/falster.dk
- 14 Danhostel Vesterskoven – www.vesterskoven.dk, Falster City Camping – www.camping.dk
- 15 Nykøbing Falster town with bike repair, many dining-, shopping-, cultural-, and accommodation options.

Further information www.visitlolland-falster.com

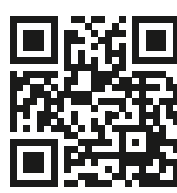




Hesnæs



Halskov Vænge



Corselitze



Corselitze
Infocenter



Horreby Lyng



Overnatning



East Falster – Hesnæs by the Baltic Sea 44 km – Orange Route

2 manors: Orupgaard and Corselitze, Ancient Woodland (Halskov Vænge), Horreby Lyng Raised Bog, Hesnæs Harbour by the Baltic Sea – white sandy beach

Traffic: Paved country roads with light traffic, a short stretch on forest roads. Some traffic on Grønsundsvej from Østersøvej to Busserisvej (no cycle path). Max. 3% incline.

Route description: Follow the Berlin–Copenhagen Route (9) from Nykøbing Falster train station, past Pangea Park (Zoo) (1) to Sdr. Vedby Skovhuse.

Attractions:

- 1** Pangea Park (Zoo) pangea/falster.dk
- 2** Danhostel Vesterskoven www.vesterskoven.dk, Falster City Camping www.camping.dk
- 3** Orupgård Manor (Private)
- 4** Galleri Matthies and Galleri Syd, changing art exhibitions
- 5** Corselitze Manor (private) www.corselitze.dk, Corselitze Park (free entry) with a 3 meter wooden sculpture of Adam and Eve. Icehouse from 1779. In the deep cellar, ice from the Baltic Sea was stored and used as a refrigerator/freezer. Corselitze Info Center with lounge area
- 6** Valdemar's Oak, approx. 550 years old. Denmark's largest tree.
- 7** The General's Pavilion, built around 1780.
- 8** Halskov Vænge Ancient Monuments Forest There are a total of 78 ancient monuments here. Of these, 6 are dolmens that are 5,500 years old. www.udinaturen.dk
- 9** Galleri Arleth. Jewellery art and gallery www.arleth.dk
- 10** The restaurant Pomle Nakke, summer restaurant. From the high cliff there is a beautiful view over the Baltic Sea.
- 11** Hesnæs with thatched houses. Marina, rest area with toilet, tables/benches and Denmark's longest barbecue table. Sauna/sea bath, Restaurant falsterskyst.com
- 12** Bønnet Castle, a ruin with moat from the 1500s
- 12a** Bregninge Campsite, Horbelev www.mojocamping.dk
- 13** Horbelev Spar Grocery Store, Pizzeria
- 14** Horreby Lyng protected nature area with rich plants and wildlife www.horrebylyng.dk
- 15** The town of Nykøbing Falster with bike repair shops, many dining, shopping, cultural and accommodation options.

Further Informationen www.visitlolland-falster.com

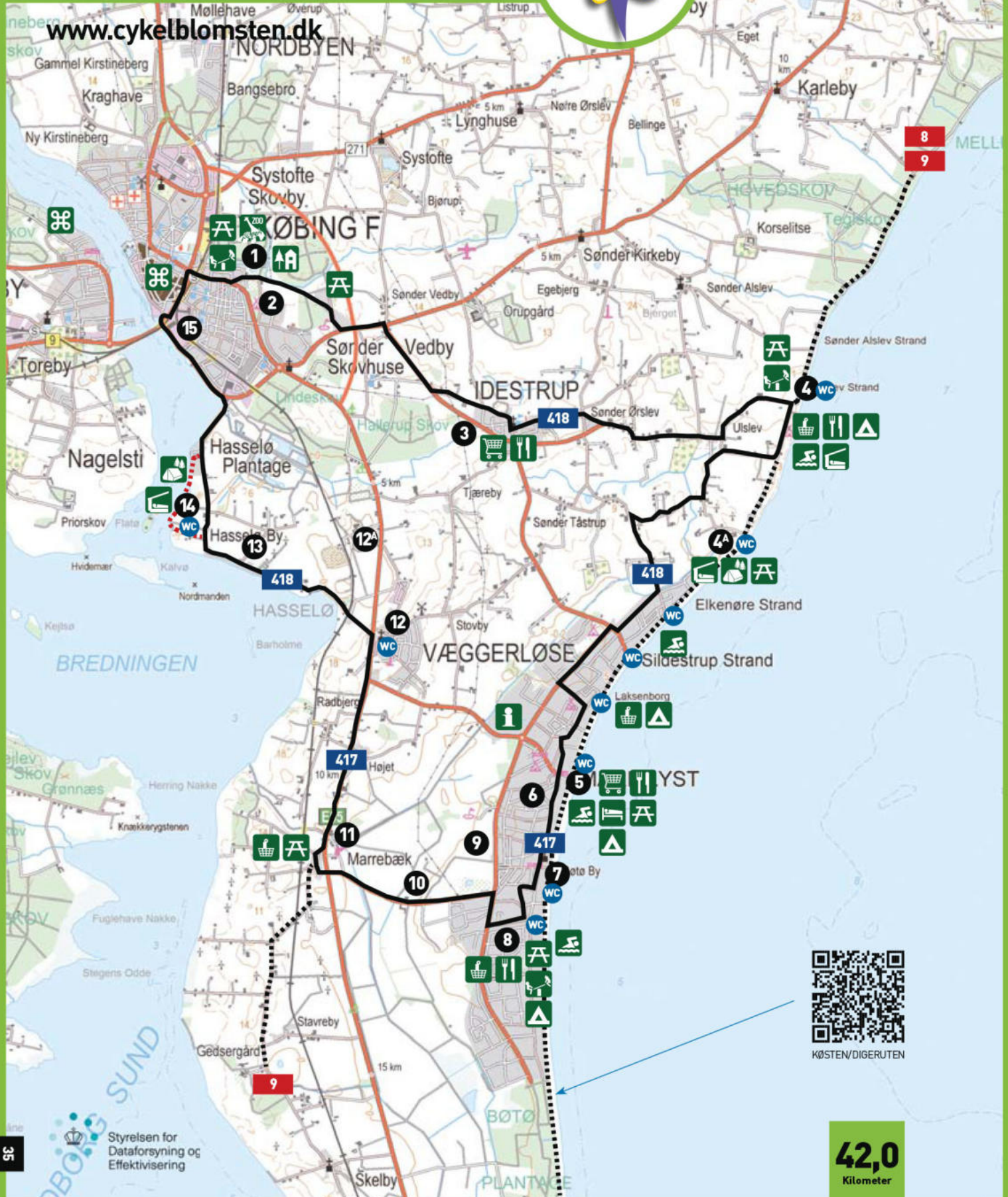


Cykelblomsten Guldborgsund

Marielyst



www.cykelblomsten.dk



KØSTEN/DIGERUTEN



Overnatning



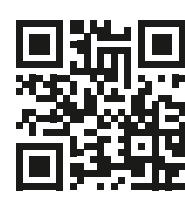
Havlykke Telt og Shelterplads



ZOO Pangea Park



Golf & Fun Park



Gokart



Cykelsmed og cykeludlejning



Marielyst 42 km – Coast to Coast, marked route 417 + 418

Marielyst holiday town, 25 km of sandy beach along the Baltic Sea, Pangea Park (Zoo), 2 golf clubs and Golf & Fun Park

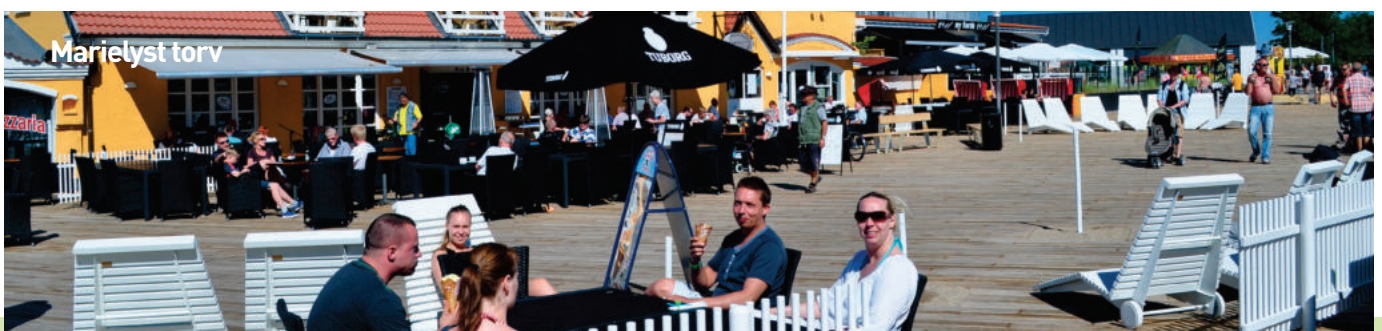
Traffic: Paved cycle paths, country roads with light traffic, max. 2% incline except for Væggerløse hill.

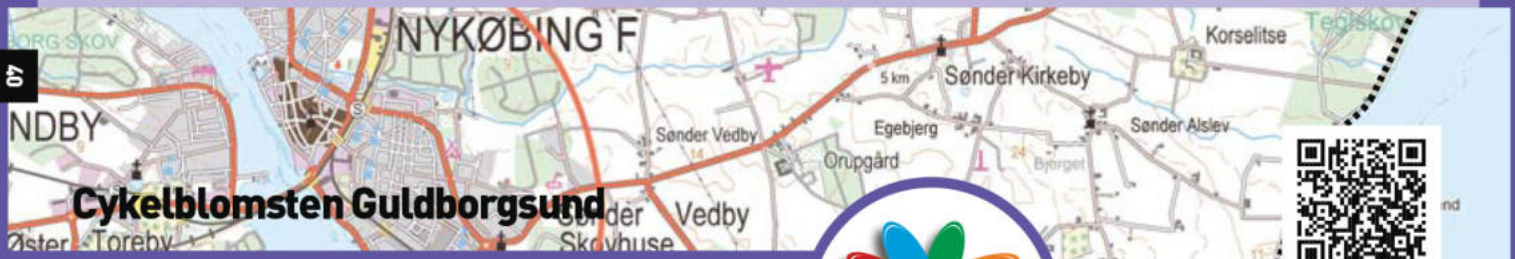
Route description: Start at Nykøbing F. train station towards (1) Zoo. Follow cycle route **418** along the golf course. From Marielyst Square follow route **417** to Væggerløse hill, then continue with route **418**

Attractions

- 1** Pangea Park (Zoo) Danhostel Vesterskoven, Falster City Camping
- 2** Golf Club Storstrømmen
- 3** Idestrup with church, Supermarked and Pitstop Café
- 4** Ulslev Beach – good bathing beach, nature playground (4) Ulslev Beach Campsite with restaurant
- 4a** Havlykke Beach Tent and shelter area
- 5** Marielyst town – excellent beach along the Baltic Sea, Bike shop, many supermarkets, shops, activities and accommodation options Hotel Nørrevang, Marielyst Ny Camping, Laxenborg Camping
- 6** Marielyst Højskole – course and concert center
- 7** Strandkirken (summer church)
- 8** Lupinparken with nature playground, rest area, picnic shelter, toilet. Lupintorvet with restaurant and supermarket
- 9** Detour to Marielyst Golf Club and Golf & Fun Park
- 10** Marielyst GoKart and Paintball Center
- 11** Museum Bøtø Nor Old Pumping Station with tables, benches and picnic shelter
- 12** Væggerløse town – Væggerløse Church, Stouby Mill from 1790, Stouby glassblowing studio, solar park with rest area, supermarket
- 12a** Nykøbing Falster Trotting track
- 13** Hasselø town with many wind turbines
- 14** Hasselø nature trail with shelter, primitive toilet, beautiful view over Guldborgsund
- 15** Nykøbing Falster – cosy shopping town with bicycle repair shops, many dining, shopping, cultural and accommodation options

Further information www.visitlolland-falster.com





Cykelblomsten Guldborgsund

Gedser stilken



GEDSER

www.cykelblomsten.dk



KØSTEN/DIGERUTEN



Gedser Fyr



Gammelgade i Gedesby



Gedser



Gedesby Mølle



Gedser Remise/Det gule palæ



Gedser Odde



Købmandsgaarden



Overnatning



Mad og drikke



Gedser Odde



Gedser Remise



Geomuseum



The Gedser Branch (the stone) 34 km – Purple route

Gedser Odde – The southernmost point in Denmark and Scandinavia. Ferry to Rostock (Germany)

Traffic: Paved country roads with light traffic. The dyke track along the Baltic Sea is a gravel track. Through Bøtø Forest there are gravel and wooden paths. Maximum 2% incline.

East Route: Gedser to Bøtø 17 km / Marielyst 20 km Start from Gedser Ferry Port (3). Follow the signs to the right **N** toward Gedser Lighthouse. From here, a detour to the “Sydstenen” (South Stone) is recommended. Continue **N** along Poststien to Gedesby (6) and through Bøtø Forest to Lupintorvet (13). From here, follow Route **417** toward Marrebæk or Route **417** toward Marielyst.

West Route: Gedser to Marrebæk 13 km / Nykøbing F. 25 km Start from Gedser Ferry Port (3). Follow the Berlin–Copenhagen Route (**9**) to Gedesby (6). The bike path passes under Gedser Landevej, past Fiskebæk Wood (8), to Marrebæk.

Dyke Route: Gedser to Marielyst along the coastal dyke path KØSTEN. Start from Gedser Ferry Port (3). Follow the signs to the right **N** toward Gedser Lighthouse, then turn onto Poststien to the dyke, which follows the Baltic Sea to Bøtø town and further on to Marielyst.

Attractions:

- 1** Gedser Odde: Scandinavia’s southernmost point with the South Stone, Bird Observatory, and Lighthouse
- 2** Gedser Nature School, 4 shelters, tables/benches, lunch hut – www.bookenshelter.dk
- 3** Gedser Ferry Port, The Black Geomuseum, the railway museum (Remise) with the control tower (Yellow Mansion) from the Olsen Gang film, Church, Lifeboat Station and Fishing Port, Supermarket.
- 4** Toldcaféen, Water Tower, Sensory Garden, Marina and Købmandsgaarden
- 5** Kroghage Nature Area (red side path), Path to Gedesby (dotted side path)
- 6** Gedesby: church, storm surge stone, Gedesby Mill, Gammelgade with many idyllic houses
- 7** Skelby: village with church and beach
- 8** Fiskebæk Wood with stone dolmens/barrows
- 9** Bruserup Beach- fishing hamlet and sandy beach, WC, Nature tent site Bruserup Strand – www.bookenshelter.dk
- 10** Marrebæk: supermarket, rest area
- 11** Museum Bøtø Nor Old Pump Station – www.pumpemuseum.dk
- 12** GoKart and Paintball Center – www.gokart.dk
- 12a** Golf & Fun Park – www.golffunpark.dk
- 13** Lupin Parken: nature playground, lunch hut. LupinTorvet: Supermarket and restaurant.
- 14** Østersøstrand Camping – www.ostersostrand.dk
- 15** Bøtø Forest: a nature area with wild horses, cattle, rare animals and plants.
- 16** Dyke bike and hiking route KØSTEN

Further information www.visitlolland-falster.com

FALSTER RUNDT: RAD & BIKE ROUTE



INFO: TAFELN / BOARDS / TAVLER:

- 1 NØRRE VEDBY
- 2 NØRRE ALSLEV
- 3 STUBBEKØBING HAVN
- 4 HESNÆS STRAND
- 5 ULSLEV CAMPING
- 6 MARIELYST TORV
- 7 BØTØSKOVEN
- 8 BIRKEMOSEVEJ
- 9 GEDSER TORV
- 10 VÆGGERLØSE BAKKE
- 11 NYKØBING FALSTER, Markedsgade
- 12 SLOTSBRYGGEN
- 13 GULDBORG

- FALSTER RUNDT
- National Cykel Route - Nationale Fahrradroute - National cycle route
- Regional Cykel Route - Regionale Fahrradroute - Regional cycle route
- Regional Cykelrute - Regionale Fahrradroute - Regional cycle route

www.naturlandet.dk
www.falster-rundt.dk



Skovturen



Hesnæs



Nykøbing



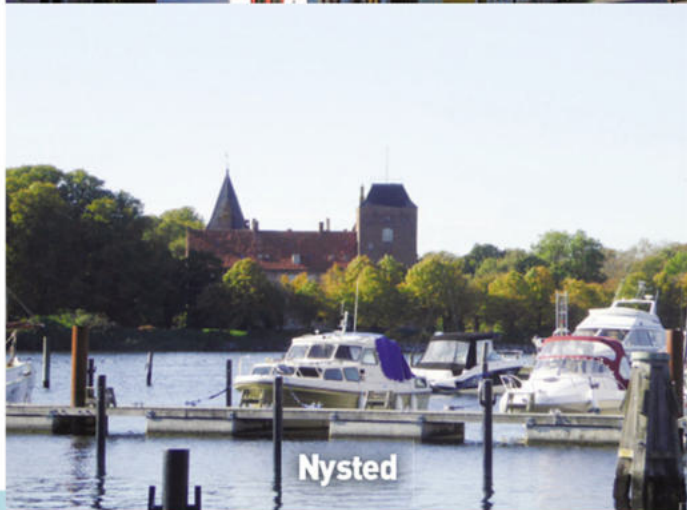
Marielyst



Sakskøbing



Sundruten



Nysted



Gedser



Gedser Færge/Fähre/Ferry - Nykøbing F. **(rute 9)** 26 km
 Stubbekøbing Færge/Fähre/Ferry - Nykøbing F. **(rute 9)** 37,5 km
 Rødby Færge/Fähre/Ferry - Nysted **(rute N)** 41 km
www.scandlines.dk
www.bogoe-stubbekoebing.dk